



## ***Inspire to Reach Higher: Swami Vivekananda***

In commemoration of the 150<sup>th</sup> Birth Anniversary of  
Swami Vivekananda (Jan 12 1863)

**Empowering Quotes that I.N.S.P.I.R.E.  
Amey Hegde**

# Inspire to Reach Higher: Swami Vivekananda

## *Empowering Quotes that J.N.S.P.J.R.E.*

**Amey Hegde, Motivational Speaker & Corporate Trainer**

This free Ebook has been created as a tribute to commemorate Swami Vivekananda's 150<sup>th</sup> Birth Anniversary. Please share this free Ebook with your friends and contacts to spread Swami Vivekananda's message.

Special thanks to Alexyz one of Goa's premier cartoonists, for giving permission to include his "portraitoon" of Swami Vivekananda in this ebook.

Download another free Ebook of quotes at <http://ameyhegde.in/ebook.html>.  
For more inspiring quotes join the [Inspire to Reach Higher](#) Facebook group.

150<sup>th</sup> Birth Anniversary Celebrations of Swami Vivekananda

# Swami Vivekananda



**Jan 12 1863- 4 July 1902**

The teachings of Swami Vivekananda are universal in their scope and are meant for people belonging to all strata of society, all religions, and all races. Swami Vivekananda's powerful words awaken the minds of the readers, instill self-confidence and courage to face the problems of life, fill their hearts with love and spirit of service, and guide them through the difficulties and uncertainties of life.

For updates on various projects organized as part of 150<sup>th</sup> Birth Anniversary Celebrations of Swami Vivekananda, visit <http://www.sv150.info/>

150<sup>th</sup> Birth Anniversary Celebrations of Swami Vivekananda

# Introduction

As an inspirational speaker I am often amazed by the power that lies in a single quotation to transform someone's life. Many times, I have felt recharged and energized on reading the inspiring words of Swami Vivekananda. Good quotes, though short, can be profound and have the power to transform one's life and one's thoughts. Empowering quotes "**I.N.S.P.I.R.E.**" us to reach higher. They:

- I**nfuse positive energy and zest for life
- N**urture new ideas and visions
- S**ummarize complex concepts and ideologies
- P**rovide us with a new perspective of seeing things
- I**nspire us to have dreams
- R**eveal the mindsets of successful people
- E**ncourage us in times of despair

This book contains handpicked quotations by Swami Vivekananda thoughtfully arranged in alphabetically ordered sections to remind us of our inner strengths and abilities. I do hope the empowering quotes in this book will inspire you to reach higher...

**-Amey Hegde**

# Attitude

***I* t is our own mental attitude which makes the world what it is for us. Our thought make things beautiful, our thoughts make things ugly. The whole world is in our own minds. Learn to see things in the proper light.**

***We* must have friendship for all; we must be merciful toward those that are in misery; when people are happy, we ought to be happy; and to the wicked we must be indifferent. These attitudes will make the mind peaceful.**



# Belief in Self

**N**ever think there is anything impossible for the soul. It is the greatest heresy to think so. If there is sin, this is the only sin; to say that you are weak, or others are weak.



**I**f faith in ourselves had been more extensively taught and practiced, I am sure a very large portion of the evils and miseries that we have would have vanished.

# Concentration & Focus

**The world is ready to give up its secrets if we only know how to knock, how to give it the necessary blow. The strength and force of the blow come through concentration.**

**Take up one idea. Make that one idea your life - think of it, dream of it, live on that idea. Let the brain, muscles, nerves, every part of your body, be full of that idea, and just leave every other idea alone. This is the way to success.**

# Grumble Less, Work More

**T**hose who grumble at the little thing that has fallen to their lot to do will grumble at everything. Always grumbling they will lead a miserable life... . But those who do their duty putting their shoulder to the wheel will see the light, and higher and higher duties will fall to their share.





# Kindness & Service

*L*ook upon every man, woman, and everyone as God. You cannot help anyone, you can only serve: serve the children of the Lord, serve the Lord Himself, if you have the privilege.



*C*ondemn none: if you can stretch out a helping hand, do so. If you cannot, fold your hands, bless your brothers, and let them go their own way.

15  *th* Birth Anniversary Celebrations of Swami Vivekananda

# Persistence

**To succeed you must have tremendous perseverance, tremendous will. "I will drink the ocean," says the persevering soul, "at my will mountains will crumble." Have that sort of energy, that sort of will, work hard, and you will reach the goal.**

**Don't look back- forward, infinite energy, infinite enthusiasm, infinite daring, and infinite patience - then alone can great deeds be accomplished.**

# Positive Thinking

***I***f you think about disaster, you will get it. Brood about death and you hasten your demise. Think positively and masterfully, with confidence and faith, and life becomes more secure, more fraught with action, richer in achievement and experience.



***F***ill the brain with high thoughts, highest ideals, place them day and night before you, and out of that will come great work.

# Responsibility

**Stand up, be bold, be strong. Take the whole responsibility on your own shoulders, and know that you are the creator of your own destiny. All the strength and succor you want is within yourselves. Therefore, make your own future.**

***We* are responsible for what we are, and whatever we wish ourselves to be, we have the power to make ourselves. If what we are now has been the result of our own past actions, it certainly follows that whatever we wish to be in future can be produced by our present actions; so we have to know how to act.**



# Serve: Do good

**It is only by doing good to others that one attains to one's own good.**

Portraiture by Alexyz, one of Goa's premier cartoonists

*The more we come out and do good to others, the more our hearts will be purified... & God will be in them.*



*150<sup>th</sup> Swami Vivekananda  
BIRTH ANNIVERSARY  
1863-1902  
ALEXYZ*

**150<sup>th</sup> Birth Anniversary Celebrations of Swami Vivekananda**



# INSPIRE TO REACH HIGHER: SWAMI VIVEKANANDA

## About This Book:

Inspiring quotes hold the power to transform one's life and thoughts. This book contains handpicked quotations by Swami Vivekananda thoughtfully arranged topic-wise in alphabetical order to remind us of our inner strengths and abilities. This free pdf has been specially created as a tribute to commemorate Swami Vivekananda's 150<sup>th</sup> Birth Anniversary.

## About the Author:



**Amey Hegde** is an Internationally Certified Corporate Behavioral Trainer, Motivational Speaker, Management Consultant based in Goa, India.

Amey's academic qualifications include Post Graduate Studies in Behavioral Sciences Training (PGCPBST) from MIBS, USA & graduate studies in Electronics & Telecom Engineering from Goa Engineering College. He has also been trained by eminent faculty from IITs, IISc Bangalore & SIBM Pune in areas of technology & management.

Amey has been trained to use international concepts of Edward de Bono's Six Thinking Hats® and Lateral Thinking™, Facilitation Skills to Crestcom® standards, and Neuro Linguistic Programming (NLP).

He is also certified to administer and debrief the internationally acclaimed psychometric assessment Thinking Pattern Profile™. Amey has over twelve years of work experience in several MNCs & Fortune 100 companies in Europe and India with a varied cultural exposure while working with teams from USA, Canada, Germany, Japan & China and before stepping out into the entrepreneurial training field, was last working at Wipro Technologies, Bangalore.

Amey has trained innumerable participants - Directors, GMs, senior HR managers, trainers, executives, students, teachers, doctors, professionals, entrepreneurs from several organizations on various topics to enhance their productivity. Amey also conducts training needs identification & analysis programs, executive coaching interventions & psychometric assessments for employees. For more details visit <http://ameyhegde.in>, email [amey.hegde@gmail.com](mailto:amey.hegde@gmail.com)

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